



Team Building

People learn best when they are actively involved and having fun. We use simple concepts and apply corporate values to our programs so that participants can apply what they have learned to achieve results back in the corporate world.

We take great efforts to listen and understand customers' industries, current management challenges and climatic conditions in order to create a unique learning experience. Definitely, the team spirit is stronger both in and out of the office as a result.

Creativity, Skill Acquisition, Listening and Group Unity

Synergy, Motivation, Collaboration, Team Bonding, Implicit Recognition,
Visualization

Planning Co-ordination, Competence



We offer a wide variety of results-oriented experiential activities that promote collaboration, team bonding, productivity, creativity and motivation. We work directly with you to create a programme tailor-made to best address your goals and objectives.

Experiential Learning

Member of Sino Hotels 信和酒店成員

Gold Coast “Lifestyle” Team Building Programmes



Sightseeing – Hiking

The Sightseeing-Hiking program is a combination of relaxation and team bonding. It is not only a physical challenge but also a training on how to cope with difficulties and enhance the team spirit. The hiking will take place at Hong Kong’s country parks – the pristine areas ideal for a refreshment.



Art – Art Jamming Cellar

Led by a professional trainer, teams will be given an opportunity to utilise their creativity and imagination within an Art Jamming experience. Teams need to plan and communicate in order to meet the objective of delivering a ‘one team, one concept’ masterpiece. Each team member will be rewarded with a bottle of German wine.



Cuisine – Magic Kitchen

A unique team building programme that encourages participants to work “Together To Win”. Rather than adopting the common competition format, our trainer will instead promote synergy within the team, with an activity that can highlight your company mission and values.

Gold Coast “Recreational” Team Building Programmes



Collaborative Games

Our wide variety of unique interactive games has been designed to create a learning experience in an energetic, fun atmosphere. Our collaborative activities provide an opportunity for participants to bond with their colleagues through planning and teamwork, as well as to relax and celebrate after reaching their goals.



Special Sports

We offer special activities for your team to improve well-being and build team spirit by participating in unique sports. Through engaging in games such as Floor Curling, DodgeBee, Poull Ball, Kinball and Bumball, you can improve team relationship, collaboration, cohesion and communication in a fun and energetic atmosphere..



Harbour Cruise

Embark on a boat cruise from the scenic Hong Kong Gold Coast to the outlying Lantau Island, admire the breathtaking sea view along the way with your teammates to foster interaction and form a bond.

Gold Coast “Lifestyle” Team Building Programme Tariff

(Effective January 2019)

Lifestyle Team Building Programme	Tariff	
	3 Hours	4 Hours
Hiking# (Minimum 20 persons) (Maximum 40 persons)	N/A	HK\$850 / person
Art Jamming Cellar (Minimum 20 persons) (Maximum 40 persons)	HK\$750 / person	N/A
Magic Kitchen (Minimum 20 persons) (Maximum 40 persons)	HK\$750 / person	N/A

Gold Coast “Recreational” Team Building Programme Tariff

(Effective January 2019)

Recreational Team Building Programme	Tariff
Collaborative Games (Minimum 30 persons)	HK\$450 / person (for 2 hours)
Leisure Sports (Minimum 20 persons)	HK\$500 / person (for 2 hours)
Harbour Cruise	From HK\$9,900 (For 40 persons)

*All prices are subject to 10% service charge

Additional charges apply for qualifying trainers for orienteering and transportation.

Challenge Ropes Course

Our Challenge Ropes Course is designed to foster team building skills that will last participants a career. A physical and mental challenge that helps participants realise the benefits of teamwork; the importance of effective and clear communication; and the significance of trust and interdependence. By testing and realising their limits, participants will learn to foster one another's trust, support, and encouragement towards achieving their common corporate goals.



Challenge Pole



High Beam



High Y



Zip Wire



Team Wall



Climbing Wall



War Games

Simulated war game exercises are designed to provide a unique opportunity for participants to develop team building and leadership experience in a military setting. The art-of-war training focuses on effective leadership skills, crisis management skills, and team bonding skills, to help team-members foster better interpersonal relationships in the workplace while setting and achieving goals.



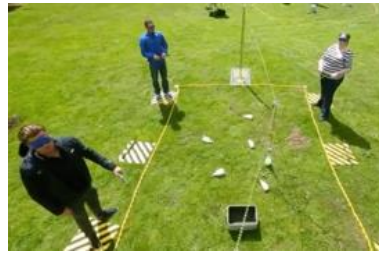
African Drums

Led by professionals, our African Drums programme offers a unique experience in which participants not only learn to play a musical instrument, but also to work collaboratively with their colleagues for a more impressive outcome. Participants will develop enhanced communication skills and more effective listening skills as they work to synchronise as a team, to collaboratively create a musical masterpiece.



Hunting Challenge in “Goal Coast”

Facing keen competition, teams need to overcome different challenges by leveraging the talents of its members. Observation and determination are the keys to winning the Hunting Challenge. The primary objective of the team is to communicate a clear strategy for dealing with each task and finding the resources required to achieve the overall goal. Teams will face risks, changes and the impact of competitor actions.



Go Beyond Challenge

It is designed to challenge your teams' abilities to think quickly outside the box. Tasks are projected to exercise the mind more than muscles, with a variety of brain teasers, puzzles and challenges. Your team is required to work together effectively in order to complete each one, winning crystals based on their performance.



Sand Castle Building Challenge

A fun and engaging team building activity on the beach. It allows your teams to express their creativity and imaginations through the design of sand castle. Participants are required to communicate with their teammates for executing the layout plan, a perfect way to foster team spirit and encourage collaboration among individuals.



Team Building Activities

A series of 'on the ground' team building activities designed to help your team members fortify their team spirit, productivity, and professionalism. Tailored to suit your needs, our programmes emphasise the importance of organisational culture and team spirit, while instilling a sense of harmony within your team.



GOLD COAST
HOTEL

Gold Coast Team Building Programme Tariff

(Effective January 2019)

Team Building Activities	Tariff	
	Half Day	Full Day
Challenge Ropes Course (Minimum 20 persons)	HK\$850 / person	HK\$1,500 / person
War Games (Minimum 20 persons)	HK\$480 / person	Nil
African Drums (Minimum 20 persons)	HK\$850 / person	HK\$1,500 / person
Hunting Challenge in “Goal Coast” (Minimum 20 persons)	HK\$850 / person	HK\$1,500 / person
Go Beyond Challenge (Minimum 20 persons)	HK\$850 / person	HK\$1,500 / person
Sand Castle Building Challenge (Minimum 20 persons)	HK\$850 / person	HK\$1,500 / person
Team Building Activities (Minimum 20 persons)	Please contact our staff for details	

* All prices are subject to 10% service charge

* Charges include qualifying trainer, training sessions, equipment and rental of venue

For further details, please contact the Sports & Recreation Department

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